

CURRICULUM VITAE

John R. Burroughs, M.D., P.C.
Board Certified Oculofacial Plastic Surgeon
Medical Director Springs Aesthetics
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GENERAL BIOGRAPHICAL INFORMATION:

Education:

Undergraduate: University of Texas at Austin 8/85-5/89
Austin, Texas
Bachelor of Science Degree (Honors)

Medical School: Uniformed Services University of the Health Sciences 8/89-5/93
F. Edward Hébert School of Medicine
Bethesda, Maryland
M.D. Degree

Post-Graduate Training:

Internship: Transitional medical and surgical internship 7/93-7/94
89th Medical Group-Malcolm Grow Medical Center
Andrews AFB, Maryland

Fellowship: Aerospace Ophthalmology 8/94-6/96
Aerospace Consultation Service
United States Air Force School of Aerospace Medicine
Brooks AFB, Texas

Residency: Ophthalmology 7/96-7/99
San Antonio Uniformed Services Health Education Consortium
Wilford Hall United States Air Force and Brooke Army Medical Centers
San Antonio, Texas

Fellowship: Ophthalmic & Facial Plastic Reconstructive Surgery 7/04-6/06
Richard Anderson, M.D. (Center for Facial Appearances)
Salt Lake City, Utah

Academic Appointments:

Assistant Professor of Surgery 6/01-6/04
Uniformed Services University of the Health Sciences
Eglin Regional Hospital, Eglin AFB, Florida

Adjunct Professor of Ophthalmology (Oculofacial Plastic Surgery) 7/04-6/06
Moran Eye Center (University of Utah); VA hospital

Salt Lake City, Utah

Adjunct Professor of Surgery 2012-present
 Rocky Vista University College of Osteopathic Medicine.
 Parker/Colorado Springs, CO

Board Certification:

Diplomate, National Board of Medical Examiners July, 1994
 Diplomate, American Board of Ophthalmology November, 2000-present

Medical Licensure:

State of Indiana July, 1994-2005
 State of Utah January, 2004-2006
 State of Colorado January, 2006-present

Academic Honors:

Cum Laude Dean's Honor List Fall 1985
 Magna Cum Laude Dean's Honor List Fall 1986
 AED Premed Honor Society 1987-1989
 Inducted into Outstanding College Students of America Fall 1987
 Taylor Fellowship Grant 2004-2006

Teaching Experience:

Ophthalmology Preceptor for Family Practice Residency and Physician Assistant School 7/99-7/04
 Eglin AFB, FL
 Advanced Cardiac Life Support Course Instructor 01/00-7/04
 Eglin AFB, FL
 Invited to teach at USUHS Ocular/Orbital Trauma Course May 5, 2001
 Bethesda, MD
 Invited to teach at Orbital/Head Dissection Course August, 2001
 San Antonio, TX
 Invited to teach at Surgical Readiness Skills Update August, 2002
 Eglin AFB, FL
 Invited to teach at University of Montemorelos July, 2003
 Montemorelos, Mexico

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| Invited to teach at Orbital/Head Dissection Course San Antonio, TX | August, 2003 |
| Adjunct Professor, Oculofacial Plastic Surgery University of Utah, Dept. of VA Salt Lake City, UT | 2004-2006 |
| Invited Speaker: ASOPRS Aesthetics Consultants Annual ASOPRS meeting, New Orleans, LA | 2007 |
| Adjunct Professor, Oculofacial Plastic Surgery Rocky Vista University College of Osteopathic Medicine Parker/Colorado Springs, CO | 2012-present |

Military Honors:

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| Awarded Expert Marksmanship Ribbon | July, 1989 |
| Awarded US Army Physical Fitness Badge (perfect score) | May, 1990 |
| Awarded United States Army Airborne Jump Wings | July, 1990 |
| Awarded National Defense Service Medal | August, 1990 |
| Awarded French Parachutist Brevet | March, 1991 |
| Awarded USAF Flight Surgeon Wings | September, 1994 |
| Operation Dessert Storm/Shield Awards: Awarded Southwest Asia Service Medal (January, 1995) Man in the Arena Award (January, 1995) Aerial Achievement Medal (May, 1995) | 1994-1995 |
| Top Knife Fighter Surgeon School, Kingsley ANG, Oregon | January, 1996 |
| USAF Commendation Medal | July, 1996 |
| Meritorious Service Medal | May, 2004 |
| Honorable Discharge, Lt. Col. (s), USAF | June, 2004 |

Professional Societies:

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| Christian Medical and Dental Association | 1989-present |
| American Academy of Ophthalmology | 1996-present |
| Texas Ophthalmology Association | 1997-1999 |
| American Society of Cataract and Refractive Surgeons | 1997-2004 |

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| Northwest Florida Society of Ophthalmologists | 1999-2004 |
| Utah Ophthalmology Society | 2004-2006 |
| El Paso County Medical Society | 2006-present |
| American Society of Ophthalmic Plastic Reconstructive Surgery | 2007-present |
| Colorado Society of Eye Physicians | 2012-present |

RESEARCH INFORMATION:**National Scientific Participation:**

Review Panels and Committees:

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| Military Ophthalmology Surgical Optimization Group | 2001 |
| Invited Expert Reviewer for USAF Ophthalmology | 2002-2004 |
| Invited Scientific Reviewer | |
| <i>Ophthalmology</i> | 2002-present |
| <i>Ophthalmic Plastic and Reconstructive Surgery</i> | 2004-present |
| <i>American Journal Ophthalmology</i> | 2004-present |
| Editor, Oculoplastic Surgery Section, Ocular Surgery News | 2006-present |

Peer-Reviewed Journal Publications:

1. Ersek RA, Burroughs JR, Ersek CL, and Navarro A. Interrelationship of Capsule Thickness and Breast Hardness Confirmed by a New Measurement Method, *Plast Reconstr Surg* 1990;87:1069-73.
2. Burroughs JR, Ivan DA, Thomas RA, et al. Optic Nerve Head Drusen: An Example of Aeromedical Decisions Regarding Visual Field Loss. In: Vandenbosch P, Landolt JP. Advisory Group for Aerospace and Research and Development, Neurological Limitations of Aircraft Operations: Human Performance Implications (AGARD-CP-579). Quebec: Canada Communications Group for NATO, 1996; chapter 18.
3. Burroughs JR, Ivan DA, Tredici TJ, et al. Transient Vision Loss in Aircrew. In: Vandenbosch P, Landolt JP. Advisory Group for Aerospace and Research and Development, Neurological Limitations of Aircraft Operations: Human Performance Implications (AGARD-CP-579). Quebec: Canada Communications Group for NATO, 1996; chapter 19.
4. Ivan DJ, Tredici TJ, Perez-Becerra J, Dennis R, Burroughs JR, Taboada J. Photorefractive Keratectomy (PRK) in the Military Aviator: An Aeromedical Perspective. *Aviat Space Environ Med* 1996;67:770-6.
5. Ivan DJ, Tredici TJ, Burroughs JR, Pasquale A, Hickman JR, Cuervo H, Gooch J. Primary Idiopathic Optic Neuritis in U.S. Air Force Aviators. *Aviat Space Environ Med* 1998;69; 158-65.

6. O'Hara MA, Dirks MS, Burroughs JR. Nerve Fiber Layer Thickness in Unilateral Amblyopia. In Pritchard C (Ed), *Trans of the IX International Orthoptic Conference*. Stockholm, Sweden, 68-71, June 1999.
7. Burroughs JR, Soparkar CNS, Patrinely JR, Williams PD, Holck DEE. Periocular Dog Bite Injuries and Responsible Care. *Ophthalmic Plastic Reconstr Surg* 2002;18:416-20.
8. Burroughs JR, Soparkar CNS, Patrinely JR, Kersten RC, Kulwin DR, Lowe CL. Monitored Anesthesia Care for Enucleations and Eviscerations. *Ophthalmology* 2003;110:311-3.
9. Burroughs JR, Soparkar CNS, Patrinely JR. The Buried Vertical Mattress: A Simplified Technique for Eyelid Margin Repair. *Ophthalmic Plastic Reconstr Surg* 2003;19:323-4.
10. Burroughs JR, Soparkar CNS, Patrinely JR. The Tarsal Rotation Mattress Suture: A Powerful New Correction for Marginal Ectropion. *Ophthalmic Plastic Reconstr Surg* 2003;19:404-6.
11. Burroughs JR, Cospin JR, Soparkar CN, Patrinely JR. Misdiagnosis of Silent Sinus Syndrome. *Ophthalmic Plastic Reconstr Surg* 2003;19:449-54.
12. Burroughs JR, Soparkar CNS, Patrinely JR, Lowe CL, Kersten RC, Kulwin DR. Monitored Anesthesia Care [letter]. 605-60 *Ophthalmology* 2004;111:605-6.
13. Burroughs JR, Soparkar CNS, Patrinely JR. Buried Vertical Mattress: A Simplified Technique for Eyelid Margin Repair [letter]. *Ophthalmic Plastic Reconstr Surg* 2004;20:179.
14. Burroughs JR, Anderson RL, McCann JD. Oculofacial Botox Applications. *Ann Ophthalmol* 2005;37:152-3.
15. Burroughs JR, Patrinely JR, Nugent JS, Soparkar CNS, Anderson RL, Pennington JH. Cold Urticaria: An under recognized cause of postsurgical periorbital swelling. *Ophthal Plast Reconstr Surg* 2005;21:327-30.
16. Burroughs JR, Bearden WH, Anderson RL, McCann JD. Internal Brow Elevation at Blepharoplasty. *Arch Facial Plast Surg* 2006;8:36-41.
17. Burroughs JR, Anderson RL, Elliot RL. Correction of Congenital Blepharoptosis in Oculomotor-Abducens Synkinesis. *Ophthal Plast Reconstr Surg* 2006;22:64-65.
18. McCann JD, Goldberg RA, Anderson RL, Burroughs JR, Ben Simon GJ. Medial wall decompression for optic neuropathy but lateral wall decompression with fat removal for non vision-threatening indications. *Am J Ophthalmol* 2006 May;141:916-7.
19. Burroughs JR, Bearden WH, Anderson RL, Hoffman RO, Elliot RL. Congenitally enlarged extraocular muscles: Can thyroid eye disease in a euthyroid infant? *Ophthal Plast Reconstr Surg*. 2006 Jul-Aug;22:314-6.
20. McInnes A, Burroughs JR, Anderson RL, McCann JD. Temporary Suture Tarsorrhaphy. *Am J Ophthalmol* 2006 August;142:344-6

21. Lin DJ, Sami MS, Burroughs JR, Soparkar CN, Patrinely JR. Ocular Injury From Local Anesthetic Injections: Needle Expulsion--the luer-lok allure. *Arch Facial Plast Surg* 2006;8:436.
22. Katz BJ, Burroughs JR, Anderson RL, McCann JD. Asynchronous blepharospasm, facial and cervical dystonia and bilateral asynchronous hemifacial spasm. *Mov Disord* 2007;22:231-4.
23. Burroughs JR, Anderson RL, Patrinely JR, Weinberg DA, McCann JD, McMullan TF. Pre-Operative Assessment of the Eye and Periocular Region. *Seminars in Plastic Surgery* 2007;21:5-17.
24. Anderson RL, Georgescu D, Vagefi MR, McMullan TF, Burroughs JR, McCann JD. To Patch or Not to Patch: That is the Question. *Arch Facial Plast Surg* 2007; 9:290-2.
25. McCann JD, Tsirbas A, Burroughs JR. Autologous dermis graft at the time of evisceration or enucleation. *Br J Ophth* 2007;91:1528-31.
26. Burroughs JR, Bearden WH, Anderson RL, Hoffman RO, Elliot RL. Congenitally enlarged extraocular muscles: Can thyroid eye disease in a euthyroid infant [letter]? *Ophthal Plast Reconstr Surg* Ophthalmic 2007; 23:253.
27. Vagefi MR, McMullan TF, Burroughs JR, White GL Jr, McCann JD, Anderson RL. Injectable calcium hydroxylapatite for orbital volume augmentation. *Arch Facial Plast Surg*. 2007;9:439-42.
28. Mills DM, Bodman MG, Meyer DR, ASOPRS Dacryocystitis Study Group. The Microbiologic Spectrum of Dacryocystitis: A National Study of Acute Versus Chronic Infection. *Ophthal Plast Reconstr Surg* 2007;23:302-306.
29. Burroughs JR, Anderson RL, Vagefi MR, McCann JD. Re: Correction of anophthalmic enophthalmos with injectable calcium hydroxylapatite (Radiesse). *Ophthal Plast Reconstr Surg* 2008; 24:431.
30. Wu AY, Vagefi MR, Georgescu D, Burroughs JR, Anderson RL. Enduragen patch grafts for exposed orbital implants. *Orbit*. 2011;30:92-5.
31. Vagefi MR, McMullan TF, Burroughs JR, Georgescu D, McCann JD, Anderson RL. Orbital augmentation with injectable calcium hydroxylapatite for correction of postenucleation/evisceration socket syndrome. *Ophthal Plast Reconstr Surg*. 2011;27:90-4.
32. Burroughs JR, Hsueh JB, Sayre R. Re: "Two Cases of Periocular Cutaneous Angiosarcoma." *Ophthal Plast Reconstr Surg*. 2012;28:386-7.
33. Burroughs JR, Hsueh JB, Pelton RW. Re: "Arcanobacterium hemolyticum orbital cellulitis: a rare but aggressive disease." *Ophthal Plast Reconstr Surg*. 2013; 29:332-3.
34. Burroughs JR. Re: "The Efficacy of the Midfacial Seal Drape In Preventing Oculofacial Surgical Field Fire Risk." *Ophthal Plast Reconstr Surg*. 2014;30:191.

35. Burroughs JR. Re: "Calcium hydroxylapatite (Radiessse) for the correction of periorbital hollows, dark circles, and lower eyelid bags". *Ophthal Plast Reconstr Surg*. 2014;30:440.
36. Burroughs JR, Mondanaro KR, Hsueh JB, Knox BE. An atypical case of an elderly male with allergic fungal sinusitis masquerading as an erosive sino-orbital mass. *Research* 2014;1:1261.
37. Ferraz LB, Burroughs JR, Satto LH, Natsuaki KL, Menguin RL, Marques ME, Schellini SA. Three adult cases of orbital hidrocystoma presenting with blepharoptosis. *J. Clin. Med.* 2015, 4(1),150-8.
38. Hsueh JB, Burroughs JR, Soparkar CN, McCann JD. Safety of Pretarsal Botulinum Toxin for Blepharospasm Associated Pseudo-apraxia: Is Ptosis a Real Concern? *Research* 2015;2: 1390.
39. Burroughs JR, Hsueh JB, Soparkar CN, McCann JD. Re: "Safety of Onabotulinum Toxin A Injections to the Central Upper Eyelid and Eyebrow Regions." *Ophthal Plast Reconstr Surg* 2015 Sep-Oct;31(5):422.
40. Schellini S, Jorge E, Sousa R, Burroughs J, El-Dib R. Porous and nonporous orbital implants for treating the anophthalmic socket: A meta-analysis of case series studies. *Orbit* 2016 Apr;35(2):78-86.

Scientific Posters and Speaker Presentations:

1. Tredici TJ, Stern C, Burroughs JR: Cataract Surgery in USAF Aviators. Scientific poster 2. American Academy of Ophthalmology, Atlanta, Georgia, October 29-November 2, 1995.
2. Burroughs JR, Tredici TJ, Stern C, Ivan DJ, Dennis R: The Use of Contact Lenses for the Correction of Aphakia in USAF Aviators. Aerospace Medical Association Annual Meeting, Atlanta, Georgia, May 5-9, 1996.
3. Burroughs JR, Waller SG, Manning CA, Kloess PM: Intraoperative Mitomycin in Primary Pterygium Excision: Long-term Follow-up of a Prospective, Randomized Trial. Scientific poster 5064. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 11-16, 1997.
4. Burroughs JR, Ng JD, Chacko B, Holck DEE: Comparison of the Phenol Red Thread Test to the Schirmers 1 and Basal Tear Secretion Tests. Society of Air Force Clinical Surgeons Annual Meeting, San Antonio, Texas, April 5-9, 1998.
5. Burroughs JR, Chacko B, Auber AE, Dirks MS: Detection of Canalicular Lacrimal Plugs by Direct Imaging Using Magnetic Resonance Scan. Scientific poster 2491. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 9-14, 1998.
6. Tredici TJ, Burroughs JR, Angle BN: Intraocular Lenses in USAF Aviators. Scientific poster 252. Aerospace Medical Association Annual Meeting, Seattle, Washington, May 15-22, 1998.

7. Burroughs JR, Holck DEE, Dutton JJ, Debacker CM, Ng JD, Foster, JA: Success of Supra-Whitnall's Levator Muscle Resection in the Treatment of Fair-Function Ptosis. Scientific poster 4475. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 9-14, 1999.
8. Holck DEE, Ng JD, Scribbick FS, DeBacker CM, Foster JA, Burroughs JR: Histology of Hard Palate Mucosa Harvested with Stainless Steel and a Radiofrequency Mucotome. Scientific poster 4490. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 9-14, 1999.
9. O'Hara MA, Dirks MS, Burroughs JR. Nerve Fiber Layer Thickness in Unilateral Amblyopia. Scientific poster 115. American Academy of Ophthalmology Annual Meeting, Orlando, Florida, October 24-27, 1999.
10. Burroughs JR, Soparkar CNS, Williams PD, Patrinely JR, Holck DEE: When Best Friends Bite, Lawyers Begin to Bark. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, New Orleans, Louisiana, November 9-10, 2001.
11. Burroughs JR, Soparkar CNS, Patrinely JR: The Buried Vertical Mattress: A Simplified Technique for Eyelid Margin Repair. Scientific Poster. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Orlando, Florida, October 18-19, 2002.
12. Burroughs JR, Soparkar CNS, Patrinely JR: The Tarsal Rotation Mattress Suture: A Powerful New Correction for Marginal Ectropion. Scientific poster. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Orlando, Florida, October 18-19, 2002.
13. Holck DEE, Ng JD, DeMartelaere S, Foster JA, Blyaydon S, Burroughs JR: Stimulation of the Unilateral Anophthalmic Procine Orbit Using Hydrogel Autoexpansile Orbital Implants: Reducing Orbital Volume Asymmetry. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Orlando, Florida, October 18-19, 2002.
14. Soparkar, CNS, Baker RS, Patrinely JR, Calvano CJ, Burroughs JR: Local Anesthetic Orbicularis Myotoxicity: An Unrecognized Problem? American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Anaheim, California, Nov 14-15, 2003.
15. Burroughs JR, Soparkar CS, Patrinely JR, Nugent JA, Anderson RA. Cold Urticaria: An Under Recognized Cause of Pseudo-Orbital Cellulitis. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, New Orleans, Louisiana, Oct 22-23, 2004.
16. Anderson RL, Burroughs JR. Asynchronous Benign Essential Blepharospasm. Orbital Society Meeting. Destin, Florida, May 5-8, 2005.
17. Anderson RL, Burroughs JR. Can congenital thyroid eye disease exist in a euthyroid infant and mother? Orbital Society Meeting. Destin, Florida, May 5-8, 2005.

18. Anderson RL, Burroughs JR. Can Asynchronous Benign Essential Blepharospasm Coexist with Hemifacial Spasm? BEBRF Annual Meeting, Park City, UT, Aug 19-21, 2005.
19. McMullan TFW, Vagefi RM, Burroughs JR et al. Radiesse (Injectible Calcium Hydroxyapatite) as orbital volume replacement for sunken socket syndrome. Joint Meeting European Society of Ophthalmic Plastic and Reconstructive Surgery and British Oculoplastic Surgery Society Annual Meeting, Imperial College, London, England, Sept 14, 2006.
20. Vagefi RM, Burroughs JR, Anderson RL. Upper Eyelid Myectomy for Blepharospasm and Apraxia of Eyelid Opening. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Fall Meeting, New Orleans, LA, 2007.
21. Burroughs JR. Bleeding in Oculofacial Plastic Surgery. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Fall Meeting, New Orleans, LA, 2007.
22. Isaacs KD, Tsirbas A, McMullan TF, Vagefi RM, Burroughs JR et al. Surgical Outcomes Using Secondary Dermis Fat Grafts for Orbital Implant Exposure. Joint Meeting American Academy of Ophthalmology Scientific Session. Atlanta, Georgia November 10, 2008.
23. Burroughs JR, Hsueh JB, Soparkar CNS, McCann JD. Pretarsal Botulinum Toxin A Injections in Benign Essential Blepharospasm Patients with Pseudo-apraxia of Eyelid Opening: Is Eyelid Ptosis a Real Concern? American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Spring Meeting, Tuscon, AZ, May 2012.
24. Burroughs JR, Soparkar NS. New Treatments and Considerations for Blepharospasm. Benign Essential Blepharospasm Research Foundation Annual Symposium. Columbus, OH, August 2012.
25. Burroughs JR. Management for the Dry Eye. Benign Essential Blepharospasm Research Foundation Annual Symposium. Columbus, OH, August 2012
26. Burroughs JR, Hsueh JB, Knox BE. Bacterial-Fungal Sinusitis Masquerading As An Erosive Sino-Orbital Mass. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Spring Meeting, Newport RI, June 2013.
27. Burroughs JR. "Doing Safer Upper Blepharoplasty Surgery." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2016.
28. Burroughs JR. "Making Lower Eyelid Transconjunctival Blepharoplasty Surgery Safer And Easier." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2016.
29. Burroughs JR. "Top 10 Tips for Effective And Safe Blepharoplasty." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2016.

Textbook Contributions:

1. Burroughs JR, McLeish WM, Anderson RL. Upper Blepharoplasty Combined with Levator Aponeurosis Repair. Steven Fagien, Editor. Putterman's Cosmetic Oculoplastic Surgery Textbook, 4th edition. Elsevier Publishing, Philadelphia PA 2008. Ch. 10; 115-122.

2. Burroughs JR, Anderson RL. Keys to Success When Marking the Skin in Upper Blepharoplasty. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 19; 62-4.
3. Burroughs JR, Anderson RL. Internal Brow Elevation with Corrugator Removal. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 29; 95-8.
4. Burroughs JR, Anderson RL. Avoiding or Minimizing Postoperative Swelling. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 37; 112-3.
5. Burroughs JR, Anderson RL. Lower Blepharoplasty with Fat Repositioning Without Sutures. Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 57; 176-80.
6. Burroughs JR, Anderson RL. Introduction to Botox. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 89; 293.
7. Burroughs JR, Anderson RL. Botox Injection Technique. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 95; 303-4.
8. Burroughs JR, Anderson RL. Cosmetic Botox Applications: General Considerations and Dosing. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 96; 305.
9. Burroughs JR, Anderson RL. Botox: Avoiding Pitfalls. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 97; 307-8.
10. Burroughs JR, Anderson RL. Other Uses of Botox. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 111; 336-7.
11. Burroughs JR, Anderson RL. Filler Pearls: General Considerations. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 114; 344.
12. Burroughs JR, Anderson RL. Dermal Filler Pearls: the Hyaluronic Acids. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 116; 352-3.
13. Burroughs JR, Anderson RL. Radiesse Pearls. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 117; 354-5.
14. Burroughs JR, Anderson RL. Juvederm Pearls: Fine and Superficial Lines. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 118; 356.
15. Burroughs JR, Anderson RL. Periorbital-Facial Volume Rejuvenation for Focal Deficits. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 124; 379.

16. Burroughs JR, Anderson RL. Autogenous Orbicularis and Fat as a Filler. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 127; 386.
17. Burroughs JR. Tips for Safer, More Effective, and More Comfortable Periocular Anesthetic Injections and Sedation. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 13; 47-8.
18. Burroughs JR, Anderson RL. Keys to Success When Marking The Skin in Upper Blepharoplasty. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 13; 79-80.
19. Burroughs JR. Blepharoplasty Pearls: General Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 27; 93-6.
20. Burroughs JR. Doing Safe Upper Blepharoplasty Surgery: When Less Is Better. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 34; 115.
21. Burroughs JR, Anderson RL. Transblepharoplasty Internal Brow Elevation with Corrugator Removal. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 41; 141-4.
22. Burroughs JR, Anderson RL, McCann JD. Transblepharoplasty Incision Lower Eyelid Canthoplasty. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 42; 145-50.
23. Burroughs JR, Anderson RL. Reducing Postoperative Swelling. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 46; 155-7.
24. Burroughs JR, Anderson RL, Vagefi MR, McCann JD. Bump Thermoplasty for Small Benign Eyelid Lesions. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 48; 161-2.
25. Burroughs JR, Anderson RB. Scar Management. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 49; 163-5.
26. Burroughs JR. Chemosis: Avoidance and Management Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 61; 201-2.
27. Burroughs JR. Making Lower Eyelid Transconjunctival Blepharoplasty Easier, Safer, and More Comfortable. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 62; 203-4.
28. Burroughs JR. Management of Severe Postoperative Bleeding with Hemostatic Matrix. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 63; 205.
29. Burroughs JR, Anderson RL, McCann JD. Lower Blepharoplasty with Non-suture Fat Repositioning. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 71; 229-31.

30. [Burroughs JR.](#) Blepharoplasty Pearls: General Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 71; 93-6.
31. [Burroughs JR.](#) In-Office Brow and Forehead Lifting by a Quick Multi-incision Trichophytjc Approach. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 103; 335-8.
32. [Burroughs JR.](#) Anderson RL. Introduction to Botulinum Toxin. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 113; 379.
33. [Burroughs JR.](#) Anderson RL. Botulinum Toxin Injection Technique. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 119; 391-2.
34. [Burroughs JR.](#) Anderson RL. Cosmetic Botulinum Toxin Applications: General Considerations and Dosing. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 120; 393-4.
35. [Burroughs JR.](#) Anderson RL. Botulinum Toxin: Avoiding Pitfalls. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 121; 395-6.
36. [Burroughs JR.](#) Anderson RL, McCann JD. Other Uses of Botulinum Toxin. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 136; 437-8.
37. [Burroughs JR.](#) Anderson RL, McCann JD. Dermal Filler Pearls: The Hyaluronic Acids. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 143; 473-4.
38. [Burroughs JR.](#) Anderson, RL. Radiesse Pearls: General Tips for Safer, More Comfortable, and Better Results. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 144; 475-6.
39. [Burroughs JR.](#) Anderson RL. Hyaluronic Acid Pearls: Fine and Superficial Lines. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 146; 479-80.
40. [Burroughs JR.](#) Anderson RL, McCann JD. Novel Uses for Hydroxylapatite (Radiesse) Filler: Beyond the Facial Folds: General Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 151; 497-501.
41. [Burroughs JR.](#) Lower Eyelid Rejuvenation: A Pictorial Guide. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 153; 507-510.
42. [Burroughs JR.](#) Yen MT, Anderson RL, McCann JD. Autogenous Orbicularis and Fat as a Filler. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 159; 531-4.

Other articles/publications:

1. Burroughs JR, Soparkar CNS, Patrinely JR: Seven Tips for Traumatic Eyelid Lacerations. *Plastics Pearls for Review of Ophthalmology*. 10: 7-15-03.
2. Burroughs JR, Anderson RL: Apraxia of Eyelid Opening: An under appreciated finding in blepharospasm patients. *Ophthalmology Times* October, 2005.
3. Burroughs JR, Anderson RL: Postoperative Swelling Pearls. *Ophthalmology Times* April, 2006.
4. Burroughs JR, Anderson RL: Preventing further attacks essential in treating dog bites. *Ophthalmology Times* June, 2006.
5. Burroughs JR, Anderson RL, McCann JD: Expanding roles for dermal fillers lead to better outcomes, satisfied patients. *Cosmetic Surgery Times* July, 2006.
6. Burroughs JR, Anderson RL: Oculofacial Botox Pearls. *Ophthalmology Times* September, 2006.
7. Burroughs JR, Anderson RL: Fat Fixes Tear Troughs. *Cosmetic Surgery Times* October 2006.
8. Burroughs JR. At Issue: Entropion. *Ocular Surgery News*, February 2007.
9. Burroughs JR, Katz B. Complex Facial Spasms. *Ocular Surgery News*, November 2007.
10. Burroughs JR. At Issue: Anophthalmia. *Ocular Surgery news*, August 2008.

Local Lectures:

1. "The Eye Exam for Flight Surgeons." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, February 9, 1995.
2. "Ocular Pharmacology." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, February 9, 1995.
3. "The Eye Exam for Flight Surgeons." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, August 2, 1995.
4. "Ocular Pharmacology." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, August 2, 1995.
5. "Ocular Pharmacology." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, February 5, 1996.
6. "Ocular Emergencies Management for the Primary Care Practitioner." Primary Care Clinic, Lackland AFB, Texas, April 22, 1999.
7. "Ocular Emergencies: Recognition and Management." Family Practice Residency Grand Rounds, Eglin AFB, Florida, September 7, 1999.

8. "The Red Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, December 7, 1999.
9. "Ocular Trauma." Family Practice Residency Grand Rounds, Eglin AFB, Florida, August 7, 2000.
10. "Diabetes and the Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, January 22, 2001.
11. "The Red Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, February 20, 2002.
12. "Diabetic screening and management." Family Practice Grand Rounds, Eglin AFB, Florida, November 12, 2003.
13. "Ocular Emergencies: How to recognize, triage, and refer." Family Practice Residency Grand Rounds, February 11, 2004.
14. "Red Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, Feb 18, 2004.
15. "Medical Aspects of Crucifixion: A Study on the Physical Death of Jesus Christ." Family Practice Residency Grand Rounds, Eglin AFB, Florida, March 10, 2004.
16. "Advances in the treatment of Benign Essential Blepharospasm." Benign Essential Blepharospasm Research Foundation, State Support Group Meeting, Denver, CO, Mar 17, 2007.
17. "Eyelid Lumps and Bumps: What you need to know for patient care." Southern Colorado Optometric Society. Colorado Springs, CO, Oct 26, 2007.
18. "Ocular and Oculoplastic Trauma." American Association of Registered Nurses (AORN) Pikes Peak Chapter. Colorado Springs, CO, April 18, 2009.
19. "Eyelid Malpositions: diagnosis and management." Rocky Mountain Ophthalmic Personnel, Colorado Springs CO, Sept 20, 2011.
20. "Eyelid and Facial Lesions: recognition and management." Colorado Springs Military Optometry Society. Colorado Springs, CO, May 7, 2012.
21. "Eyelid Malpositions." Southern Colorado Optometric Society. Colorado Springs, CO, Aug 1, 2012.
22. "Management for the Dry Eye." Benign Essential Blepharospasm Research Foundation National Meeting. Columbus, OH, Aug 17, 2012.
23. "New Treatments for Benign Essential Blepharospasm and Apraxia of Eyelid Opening." Benign Essential Blepharospasm Research Foundation National Meeting. Columbus OH, Aug, 17, 2012.
24. "Serious and Dangerous Eyelid Malpositions." Colorado Society of Eye Physicians and

Surgeons (CSEPS), Colorado Springs, Co, Feb 27, 2013.

25. "Benign Essential Blepharospasm & Dry Eye Advanced Treatment Techniques." Denver BEBRF. Denver, CO, April 20, 2013.
26. "Safer Upper Blepharoplasty Surgery." Colorado Society of Eye Physicians and Surgeons (CSEPS), Colorado Springs, CO, May 26, 2016.

International Lectures:

1. Surgical and Clinical Anatomy of the Orbit and Ocular Adnexa. University of Montemorelos, Mexico, July 25, 2003.
2. Blepharoptosis: diagnosis and management. University of Montemorelos, Mexico, July 28, 2003.

MEDICAL AND SERVICE INFORMATION:

Former Section Chief, Ophthalmology Services, Active Staff, 1999-2004
Eglin Regional Hospital

- a. Corresponding member of USUHS, Department of Surgery 1993-2004
- b. Eglin Regional Hospital Laser Safety Officer 2000-2004
- c. Eglin Regional Hospital Pharmacy and Therapeutics Committee 2001-2004
- d. Eglin Regional Hospital Quality and Resource Management Monitor 2001-2004
- e. Eglin Regional Hospital JCAHO Inspection Physician Panel July, 2002

Active Staff, Department of Veterans Affairs, Oculoplastics 2004-2006

Current Patient Care:

Private Practice, Colo Spgs, CO July, 2006-present
-Subspecialty consultative practice in cosmetic and reconstructive surgery for the eyelids, orbits, and face.
-Springs Aesthetics, Medical Director

Colorado Springs Hospital Affiliations July, 2006-present
Memorial
Penrose-St. Francis

Other Medical Experience: Short-term Humanitarian Medicine Projects

1. General Medicine-Venezuela April, 1996

2. Ophthalmic/Plastic Surgery-Mexico, Honduras, Peru, Jamaica 1998-2003